

inside page 3
 Décor for your Earth-friendly home. **\$127**



yes!

Your Essential Shopper™
 Sunday, April 17, 2022

inside page 5
 Show your flower power with these sweaters. **\$89.99**



great finds 11 more terrific shopping discoveries on page 2

movies

'Ghostbusters: Afterlife'
Blu-ray + DVD
\$22.99 | Columbia Pictures | Best Buy

- Supernatural comedy film.
- The fourth film in the "Ghostbusters" franchise.
- Stars Carrie Coon, Finn Wolfhard, McKenna Grace and Paul Rudd.



fashion

Cotton voile beach shirt
\$89.50 | J.Crew | jcrew.com

- Can be worn on its own or over a bathing suit.
- Made with organic cotton.
- Machine washable.



beauty

Hydrating body spray
\$11.99 | Manscaped | manscaped.com

- Features a 360-degree delivery spray system.
- Nongreasy formula.
- Locks in hydration.



pets

Carousel of Canine Party Bones dog treats
\$10.99 | Claudia's Canine Bakery | chewy.com

- Vanilla treats dipped in yogurt icing.
- Made in the USA.
- Ideal for training or rewarding.



Sustainable

Conscientious looks for spring

style

USA TODAY NETWORK

Looking for pieces that are good for the environment and your closet? Try these recycled and sustainably sourced jeans, tops and more.



■ Bravissimo's Swimtimates bodysuit made from regenerated nylon doubles as a swimsuit. **\$104** at bravissimo.com.



■ Made from sustainable fabric, these 4-inch stretch chino shorts come in a rainbow of colors. **\$59.50** at jcrew.com.



■ The Zip-Front Romper: Tencel Denim Edition is the epitome of cool. **\$128** at madewell.com.



■ This tie-detail kaftan dress, made through sustainable forestry, is the perfect breezy piece. **\$49.99** at hm.com.



■ Play with colors with the 100 percent Organic Cotton Big Shirt. **\$69.95** at gap.com.



■ The recycled material of the Tamarindo Colorblock Top also has UPF 50+ protection. **\$48** at carvedesigns.com.



■ The crisscross high-waist organic cotton jeans by Agolde have a fun waistband. **\$156** at nordstrom.com.



■ The Restore pajama camisole and pant set is crafted from a breathable fiber made from renewable wood sources. **\$80** at bananarepublic.com.



■ Pair Eileen Fisher's classic collar organic linen shirt with your favorite jeans or linen pants. **\$168** at bloomingdales.com.

■ Layer up with the Pilcro sustainable duster cardigan. **\$130** at anthropologie.com.

Goodbye plastic

USA TODAY NETWORK

Just say no to plastic and stop trash in its tracks with these eco-friendly bags.



■ The Hydro Flask 20L insulated tote has plenty of room for frozen goods and refrigerated items. **\$64.95** at hydroflask.com.



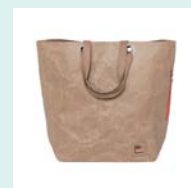
■ Scout's Bagette holds a heck of a lot and folds flat for easy storage. **\$28.50** at scoutbags.com.



■ Out of the Woods' Seagull cooler is perfect if you need to keep your groceries insulated. **\$36** at outofthewoods.com.



■ New Blue Bags' Austonian is biodegradable, stands on its own and is super durable. **\$34** at newbluebags.com.



■ Pulp Fusion's The Boardwalk has jute straps, handles, zippered exterior pocket and interior pockets. **\$34.99** at pulp-fusion.com.



■ When you buy a Feed 50 bag, part of the proceeds goes to feeding kids around the world. **\$88** at feedprojects.com.

Dinner tonight



SERVES 4-6

curried turkey and rice casserole

WHOLE FOODS MARKET

Preheat oven to 350 degrees. Oil an 8-inch-square baking dish. Place rice in a large bowl and set aside.

In a large skillet, combine broth, onion, garlic and raisins and bring to a boil. Lower heat and simmer, stirring frequently, until onion is very tender,

about 6 minutes.

Stir in curry powder and pour mixture into bowl with rice. Add turkey, bread, parsley and carrot and toss to combine. Scrape mixture into baking dish and smooth the top.

Sprinkle with hazelnuts and bake until top is browned, 30 to 40 minutes.

INGREDIENTS

- Canola oil spray
- 1/2 cup unseasoned brown and wild

rice blend, cooked according to package directions and omitting salt or fat (1 1/2 cups cooked rice)

- 1 1/2 cup low-sodium vegetable broth
- 1 large onion, diced
- 4 cloves garlic, finely chopped
- 1/2 cup raisins
- 2 teaspoons curry powder
- 2 cups diced cooked skinless turkey breast, (about 8 ounces)

- 1 1/2 cup Health Starts Here cubed sprouted wheat bread

- 1/3 cup chopped fresh parsley

- 1 large carrot, grated

- 1/2 cup finely chopped hazelnuts

Approximate values per serving:
310 calories, 8 g fat, 41 g carbohydrates,
20 g protein, 150 mg sodium

Flavorful finds

A tasteful trio of brews

USA TODAY NETWORK

They are distinctly different, but each of these beers is delicious in its own way — and they're all perfect sips for spring.



Shiner Strawberry Blonde

Its sweet and subtle strawberry flavor makes this 4.3 percent ABV blonde ale a good choice for meals or dessert.

- **Price:** \$9 for a six-pack of cans

Allagash Swiftly IPA

Floral, dank flavor permeates this 6.5 percent ABV India pale ale made with spring hops.

- **Price:** \$12-\$13 for a four-pack of cans

Dogfish Head Kernza Pils

This new 5 percent ABV German-style pilsner is made with the Kernza grain, an eco-healthy grain that works extra hard to pull carbon from the atmosphere.

- **Price:** \$13 for a six-pack of cans

Satisfy and sustain

Tasty brands that give back

USA TODAY NETWORK

Consider these food brands that care about the ingredients they're using and their impact on the environment.



- Willa's Creamy Oat Milk uses the entire oat, and the Tetra Pak cartons are 75 percent paper. **\$39.99** for six at amazon.com.



- Wyman's Wild Blueberries boasts a comprehensive on-site recycling program to compost materials for the fields. **\$14.39** at instacart.com.



- RIND Snacks uses rescued fruit to make a nutrient-dense, vegan skin-on snack. In 2021, 300,000 pounds of edible peels were kept from entering landfills. **\$4.99-\$5.99** at rindsnacks.com.



- With a focus on clean ingredients and animal welfare, True Story's heritage-breed prosciutto is made with antibiotic-free pork and sea salt. **\$49.99** at shop.truestoryfoods.com.



- Spero Foods makes a cream cheese and cheese spread with sunflowers, which grow up to 70 times faster than nuts and use 96 percent less water. **\$4.99** at Whole Foods.



- ReHarvest Provisions leveraged and overlooked products and byproducts for its Smoothie Pops. **\$14.99** for five pops at reharvest.co.